

# Experimental Review on “Evaluation of Antimicrobial activity of Metabolites from the fruit coat of *Cucumis Sativus*”

Arjun Kumar<sup>1</sup>, Manisha Sahani<sup>2</sup>, Srinath Pandey<sup>3</sup>, Vinay Dwivedi<sup>4</sup>, Prashant Ankur Jain<sup>5</sup>, Ved Kumar Mishra<sup>6</sup>

<sup>1,2,3&4</sup>Department of Biotechnology, Naraina Vidya Peeth Engineering and Management Institute, Gangaganj, Panki, Kanpur, Uttar Pradesh, India-208020

<sup>5</sup>Department of Computational Biology and Bioinformatics (CBBI), Jacob Institute of Biotechnology and Bioengineering (JIBB), Sam Higginbottom University of Agriculture Technology and Sciences (SHUATS), Allahabad, Uttar Pradesh, India-211007

<sup>6</sup>Vidhyashram Educational and Development Hub (VED Hub), 204, Dih-Ganjari, Gangapur, Varanasi, Uttar Pradesh, India-221302

Corresponding Author: [ved.m45@gmail.com](mailto:ved.m45@gmail.com)

**Abstract**— *Skin inflammation vulgaris is the most broad skin illness and a persevering incendiary issue influencing 90-95% of young people. Irritation is because of the over multiplication of Propionibacterium acnes, Staphylococcus aureus and Staphylococcus epidermidis. Numerous manufactured makeup have been created for the treatment of skin break out. Be that as it may, they are known to have many reactions and are found to get safe after some time. In this manner, the current work was embraced to explore a characteristic restorative plant, Cucumis sativus separates, for their enemy of oxidant, antimicrobial potential and its corrective incentive in treatment of skin break out. Results demonstrated the nearness of all out phenolic content (19.25 µg and 6.23 µg GAE) and flavonoid content (1.82 µg and 6.24 µg catechin in new and dried concentrates individually. New concentrate of Cucumis sativus showed promising antibacterial potential and was blended in with tea tree (Melaleuca alternifolia) oil and linseed (Linum usitatissimum) oil to get ready polyherbal cream (O/W) details . Details were additionally assessed for pH, consistency and different physical boundaries. F5 cream definition indicated pH in scope of 5-6.*

**Keywords**— *Staphylococcus, Flavonoid, Inflammation, Phenolic.*

## I. INTRODUCTION

*Cucumis sativus* Linn. (Family: Cucurbitaceae) is a yearly, rather coarse, plump, prostrate or climbing vine generally disseminated everywhere throughout the world especially in Asia, Africa and South America<sup>1</sup>. Customarily, this plant is utilized for cerebral pains; the seeds utilized as cooling and diuretic, the organic product juice is utilized as a nutritive and as a demulcent in hostile to skin inflammation salves; Juice of leaves utilized as an emetic in intense acid reflux in children<sup>5</sup>. Several examinations uncovered antidiabetic<sup>2</sup>, antiulcer<sup>3</sup>, moisturizing<sup>4</sup>, cancer prevention agent and pain relieving property<sup>5</sup> of the natural product separates. The seed extricates were discovered productive on controlling weight reduction of diabetic rats<sup>1</sup> and against tapeworms<sup>6</sup>. Leaves

and stems separate have been accounted for cytotoxic, antifungal<sup>11</sup> and antibacterial activity<sup>7</sup>. Recognized phytochemicals from its leaves and seeds were acylated flavone C-glycosides, for example, isovitexin 2''- O-(6'''- (E)-p-coumaroyl) glucoside, isovitexin 2''- O-(6'''- (E)-p-coumaroyl) glucoside-4'- O-glucoside, isovitexin 2''- O-(6'''- (E)- feruloyl) glucoside-4'- O-glucoside and isoscoparin 2''- O-(6'''- (E)- p-coumaroyl) glucoside<sup>10</sup>, cucurbitasides B, C and ferredoxin<sup>8,9</sup> and \_and \_-amyrin, sitosterols and cucurbitasides<sup>10</sup>. The point of the current examination was to investigate antibacterial, antifungal and cytotoxic possibility of various dissolvable concentrate of leaves of *Cucumis sativus*. The broad study of writing uncovered that *Cucumis sativus*, is a significant restorative plant with

different pharmacological range. *Cucumis sativus* is broadly utilized in Ayurveda, Siddha, Chinese medication and so forth. The huge examination done on the plant demonstrated that the plant has numerous significant phytoconstituents like Glycosides, flavones, terpenoids, phytosterol, saponins and anolignan B, Tannins, ellagic corrosive, glucose, fructose. These mixes were seen as liable for a significant number of the pharmacological exercises, for example, antibacterial, antifungal, antidiabetic, Cytotoxic, Antacid and Carminative action, Hepatoprotective movement, Wound mending exercises. Further the plant is utilized in the treatment of gastric ulcer, obstruction, general debility, heaps. Henceforth, this plant gives a noteworthy job in the avoidance and treatment of an infection. Further assessment should be done so as to investigate the hid zones and their down to earth clinical applications, which can be utilized for the government assistance of the humankind.

The expanded shopper interest for high caliber, long time span of usability, and prepared to-eat nourishments has started the improvement of just somewhat safeguarded items that keep their common and new appearance beyond what many would consider possible. Microbiological development ordinarily initiates bothersome organoleptic and appearance change during the capacity of food items. In the event that bacterial development in food items could be deferred, or ended, enormous gains in items timeframe of realistic usability would be conceivable. Evasion of pathogenic and decay microorganisms in food is typically accomplished by utilizing synthetic additives. These synthetic concoctions go about as antimicrobial mixes which repress the development of unwanted microorganisms. While various conventional or administrative endorsed antimicrobials, they have numerous confinements. There is an as of now solid discussion about the wellbeing parts of substance additives since they are viewed as answerable for some, cancer-causing agent characteristics just as leftover poisonousness. For these circumstances, shoppers have an affinity to be dubious of substance added substances and in this way the investigation of normally happening antimicrobials for food conservations gets expanding consideration because of purchaser consciousness of common food items and a developing worry of microbial opposition towards regular additives (Skandamis et al., 2001; Schuenzel and Harrison, 2002). That has prompted scan for novel antimicrobial mixes from characteristic sources. Normally inferred mixes and other common items may have applications in controlling microscopic organisms in nourishments (Deloguis and

Mazza, 1995, Bowles and Juneja, 1998). The essential motivating force for indentifying powerful antimicrobials among normally happening mixes is to grow the range of antimicrobial action over that of the administrative endorsed substances. Conventional antimicrobials are commonly constrained to high corrosive, low fat food items in view of communications with pH and food parts. Enthusiasm for common antimicrobials is additionally determined by the way that universal administrative organizations are commonly exceptionally exacting as to necessities for toxicological assessment of novel direct food antimicrobial. One gathering of normally determined antimicrobial mixes is restorative plants and their fundamental oils. These mixes have been sheltered, have been appeared to have shifting level of antimicrobial action, and could give another obstacle to development of foodborne pathogens and deterioration microbes, subsequently improving the timeframe of realistic usability of food items. Various investigations have detailed that restorative plants produce countless optional metabolites with antimicrobial impacts on pathogens (Mari et al., 2003; Obagwu and Korsten, 2003). Restorative plant removes, along these lines, for the control of the development of foodborne pathogens and food waste microorganisms are rising as options in contrast to regular normal additives as they are commonly protected to people, and naturally agreeable (Thangavelu et al., 2004). Be that as it may, characteristic antimicrobial movement of therapeutic plants and their fundamental oils is frequently factor. Most examination on therapeutic plants as common antimicrobial has been led in Vitro in microbiological media. Uses of these substances to food are constrained and the movement in food is altogether different in light of the microenvironment in food. There exists a need to improve the movement of these antimicrobial mixes in nourishments. Antimicrobial bundling is a promising type of dynamic food bundling, and come to be the one of the ways to deal with forestall sully of microorganisms on the outside of food items and postpone decay. A perfect answer for the food business to conquer the sanitation and condition issues is to fuse antimicrobial substances in to eatable movies (Padgett et al., 1998). A few antimicrobial operators were consolidated into consumable movies and were appeared to restrain the food waste microorganisms. Soy protein can be utilized to create consumable antimicrobial film to apply antimicrobial specialists on the outside of food items. The expansion of the interest for new, advantageous, and long time span of usability items augurs a brilliant future for antimicrobial bundling. The adequacy of normal plant separates is should

have been assessed to indicate their antimicrobial movement and likely reactions in bundle food. In this manner, the investigation of the antimicrobial movement of some Thai customary restorative plants and the application in eatable film has become a significant examination premium and a major test. Either the entire plant or plant items having therapeutic properties are usually known as restorative plants. These therapeutic plants are known to have different phytochemicals, which display more bioactivities, for example, antibacterial, antifungal, anticancer action, and so on. In this examination, *Aegle marmelos* was gathered from Chennai, unrefined concentrate of products of the soil of the picked plant was oppressed for antimicrobial movement. Subjective examination for the phytochemicals of the plants was investigated. Negligible inhibitory centralization of the rough concentrates was identified. Crude extricate was exposed to TLC bioautography for antibacterial action. The division which indicated antibacterial action was exposed to GC-MS examination. Cucumber (*Cucumis sativus* L.) has a place with the family cucurbitaceae. There are 30 *Cucumis* species found in Asia and Africa. Cucumber is a local to the tropics and is one of the most established developed vegetable harvests. It is known in the history for more than 3,000 years (Yawalkar, 1985). *Cucumis sativus* (CS) is developing generally all through the India (Varanasi area), Indian subcontinent, Sri Lanka. Obviously cucumbers have begun in the lower regions of the Himalayan Mountains, only north of the Bay of Bengal, the region which is currently basically involved by Bangladesh. While there doesn't appear to be any wild cucumbers present in the region today, researchers have recognized a little unpleasant product of the squash family, which is thought to have delivered the cucumber. Late examinations prompted the presumption that cucumbers may have begun on the African landmass, anyway fossils, which could prove such cases have not yet been found. Reality is that cucumbers have just been generally developed before, which is clear from put down accounts in a wide range of societies. Records show that cucumbers were at that point developed as far East as China as right on time as 2,000 years before the Christian Era. The current article endeavors to give thorough data on pharmacological properties of *Cucumis sativus* for additional exploration. All the data was gather from the distributed exploration paper on *Cucumis sativus* concerning the purpose of future examination on it. Plants are fit for blending a different cluster of optional metabolites. These might be created constitutively (performed antimicrobial mixes, or phytoanticipins) or because of pathogen or

herbivore assault or stress (phytoalexins) (Yawalkar K.S, 1985). There has been recharged enthusiasm in the course of the most recent 20 years in the disengagement of antimicrobial mixes from plants due to their basic decent variety, one of a kind bioactivity and ecological similarity, which are more positive than those of manufactured synthetic concoctions (Ankita S. et al, 2012)

## II. METHODOLOGY

### Test assortment

Around 4 kg test was required. The plant *Cucumis sativus* was gathered in the period of February. The organic products were cut into pieces, conceal dried at room temperature and powdered. The dried organic product powder (500 gm) was progressively separated utilizing methanol, chloroform, ethanol and water by utilizing Soxhlet mechanical assembly. The last hint of dissolvable was evacuated under decreased tension refining and afterward vacuum dried. The dried rough concentrates were utilized.

### Glass wares

- Test tubes,
- Beaker,
- Petri plates,
- cone shaped carafe
- Instruments
- Soxhlet Apparatus,
- Incubator,
- Drier,
- smasher,
- Knife,
- Autoclave,
- Pestle and mortar,
- Spectrophotometer (to check O.D of strain)

## III. TECHNIQUE

1. Take cucumber and expel its spread methods its buildup which isn't utilized for eating however it's tossed as waste. Take roughly 4kgs of cucumber
2. Dry it on placing it in daylight with the goal that all dampness substance get expelled from it after that when it got dried in daylight on the other hand put it in drier at 30

level of tem so it tends to be warmed at the level that it could be granulated and make in controlled structure.

3 .After getting dried of buildup smash it in fine structure like powder.



Fig.1: Powder form of sample

4. Then after this utilization that example for gauging and for one time of soxhlet took 10-12gm of test tied it in bit of cotton material and afterward set it in Chloroform arrangement in soxhlet with the goal that we could get pass on of cucumber and it very well may be additionally utilized of following stage to be performed. Soxhlet system needs time of in any event 24hrs.



Fig.2: Soxhletion process of sample

5. At that point when we get cucumber arrangement in soxhlet it's expelled and afterward it's dried in container to vanish the fluid.

6. With the assistance of the spatula dried buildup is taken out from the receptacle.

7. Then that is in semi-strong structure. At that point to make it in fluid for performing sequential weakening its broke up in peptone water.

8. Then 5 effendorf is taken and afterward sequential weakening is done up to multiple times as it were. at that point in that little circle made of watmann channel paper is placed in each cylinder.

9. Then its saved for one day (24 hrs)

10. NAM (supplement agar plate) is made and work plate gets dried effendorf isn't upset.

11. After drying of media on plate from rear numbers is written as per sequential weakening.

12. Strain is taken and with the assistance of cotton strain is scattered everywhere throughout the media.

13. After scattering of type (strain of E.coli) circles are taken out as indicated by their number and put at the number composed on the plates like in case weakens is initial one and that is kept at the first position composed on the plate.

14. Then after this plate is kept in hatchery at 37 degree for 24hrs to get result.

15. Next day plate is takes out to see result.

#### IV. RESULT AND DISCUSSION

These outcomes proposed that the arrangements consolidating new concentrate of Cucumis sativus The antibacterial action in the plant extractives could be because of the flavonoid and phenolic substance of these plants as they are fit for shaping a complex with extracellular and solvent proteins and with bacterial cell dividers. They are hypothesized to include film disturbance likewise by the lipophilic mixes. We have seen antimicrobial movement of cucumber in numbers 1,4,5 we have seen antimicrobial action of cucumber.

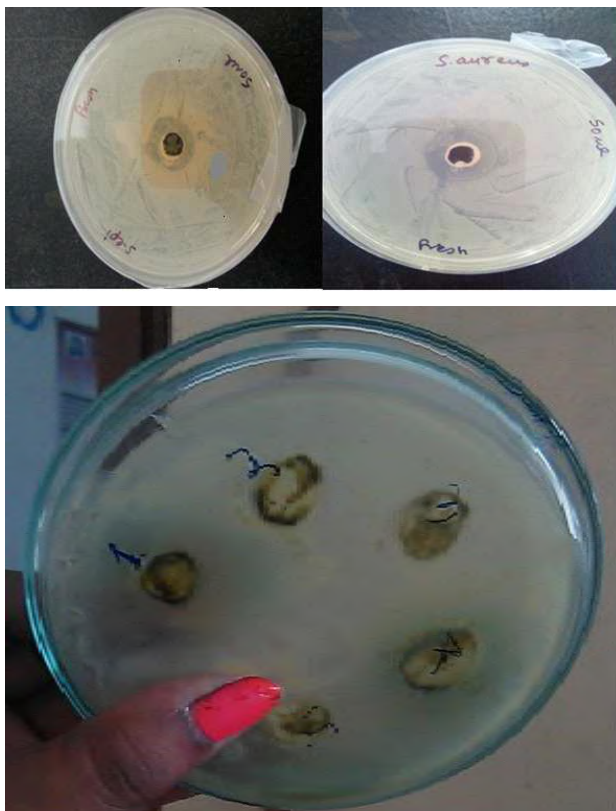


Fig.3: Antimicrobial movement of sample

## V. CONCLUSION

Home grown arrangements showing restraint agreeable are progressively satisfactory in the conviction that they are more secure with less reactions than the engineered drugs. Subsequently the current work surveys the antimicrobial and cancer prevention agent capability of *Cucumis sativus* which is a safe and restoratively compelling hotspot for natural enemy of skin break out creams. Be that as it may, the dynamic flavonoids and phenolic Components *Cucumis sativus* which are of intrigue should be investigate further for improvement of hostile to skin inflammation items to upgrade the medical advantages.

## ACKNOWLEDGEMENT

Author would like to thank to Dr Vinay Dwivedi (Head, Department of Biotechnology, NVPEMI, Panki, Kanpur, U.P.), Er Srinath pandey (Department of Biotechnology, NVPEMI, Panki, Kanpur, U.P.), Dr. Prashant Ankur Jain (In-charge, Department of Computational Biology and Bioinformatics (CBBi), Jacob Institute of Biotechnology and Bioengineering (JIBB), Sam Higginbottom University of

Agriculture Technology and Sciences (SHUATS), Allahabad, Uttar Pradesh, India-211007) and Er Ved Kumar Mishra (Director, Vidhyashram Educational and Development Hub (VED Hub), (SHACT), Varanasi, U.P.) for supporting this work by providing a good research environment and related facilities.

## REFERENCES

- [1] A'lam H. 1993. Cucumber. In Yarshater E. ed. Encyclopedia Iranica, Vol. 6. Costa Mesa: Mazda Publishers, 450–452.
- [2] Adams F. 1834. The Medical Works of Paulus Aegineta. London: Welsh, 43, 103.
- [3] Aetius Amidenus. 1804. Biblion Yatrikon, vol. A. Venice.
- [4] Alvarez de Morales C, Giron Irueste F. 1992. Ibn Habib (m. 238/853) Mujtasar fi l-Tibb (Compendio de Medicina). Madrid: Consejo Superior de Investigaciones Cientificas, 94, 103–139.
- [5] Amar Z, Lev E, Serry Y. (in press). On Ibn Juljul and the meaning and importance of the list of medicinal substances not mentioned by Dioscorides. Journal of the Royal Asiatic Society, 3rd series.
- [6] Amar Z, Lev E. 2011. Watermelon, chate melon, and cucumber: new light on traditional and innovative field crops in the Middle Ages. Journal Asiatique 299: 193–204.
- [7] Amar Z. 2000. Giddule Erez-Yisra'el Bime Habenayim. [Agricultural Produce of the Land of Israel in the Middle Ages.] Jerusalem: Yad Ben-Zvi (Hebrew), 288.
- [8] Ankita S., Kaur P., and Gupta R. Phytochemical screening and antimicrobial assay of various seeds extracts of Cucurbitaceae Family. International Journal of Applied Biology & Pharmaceutical Technology. Volume 3, Issue 3(2012): 401-409
- [9] Ankita S., Kaur P., and Gupta R. Phytochemical screening and antimicrobial assay of various seeds extracts of Cucurbitaceae Family. International Journal of Applied Biology & Pharmaceutical Technology. Volume 3, Issue 3(2012): 401-409
- [10] Anqori Z. 1966. Adderet Eliyyahu. Ramla: HaMo'aza ha'Arzit shel 'Adat haYehudim haQara'im beYisra'el (Hebrew), 395.
- [11] Ar-Razi M. 1982. Manafi 'al-Aghdhiya wa-Daf' Madarriha [Book of Foods and Correctives]. Beirut: Dar Ihya al-'Ulum (Arabic), 229–230.
- [12] Ascherson P, Schweinfurth G. 1887. Illustration de la Flore d'Egypte. Cairo: Memoires de l'Institut Egyptien, 76–78.
- [13] Barbaro E. 1529. Historia Mundi. Basel: Frobenium, 270–271.
- [14] Barney SA, Lewis WJ, Beach JA, Berghof O. 2006. The Etymologies of Isidore of Seville. Cambridge: Cambridge University Press, 356.

- [15] Bates DM, Robinson RW. 1995. Cucumbers, melons and water-melons. In: Smartt J, Simmonds NW. eds. Evolution of crop plants, 2nd edn. Harlow: Longman, 89–96.
- [16] Baumann FA. 1974. Das Erbario Carrarese. Berne: Benteli Verlag, 52.
- [17] Beck LY. 2005. Pedanius Dioscorides of Anazarbus: De Materia Medica. Hildesheim: Olms-Weidmann.
- [18] Bertelli C, Lilla S, Orofino G. 1992. Dioscurides Neapolitanus. Rome: Salerno Editrice.
- [19] Bisht IS, Bhat KV, Tanwar SPS, Bhandari DC, Joshi K, Sharma AK. 2004. Distribution and genetic diversity of *Cucumis sativus* var. *hardwickii* (Royle) Alef. in India. *Journal of Horticultural Science and Biotechnology* 79: 783–791.
- [20] Brunet MEPL. 1939. *Sime'on Seth Me'decin de l'Empereur Michel Doucas, Sa Vie, Son Œuvre*. Bordeaux: Delmas, 44, 107–108.
- [21] Budge EAW. 1976. The Syriac Book of Medicines. Amsterdam: Philo Press, English 332, 357, 372; Syriac 296, 314, 324.
- [22] Cabaret-Dupati M. 1844. *L'E'onomie Rurale de Palladius*. Paris: C. L. F. Panckoucke, 204–205.
- [23] Chakravarty HL. 1966. Monograph of the Cucurbitaceae of Iraq. Baghdad: Ministry of Agriculture Technical Bulletin 133.
- [24] Chakravarty HL. 1982. Fascicles of Flora of India: Fascicle 2, Cucurbitaceae. Howrah: Botanical Survey of India, Botanic Garden, 36.
- [25] Civitavecchia B di, Paglia A. 1546. *Antidotarium Joannis Filii Mesuae*. Leiden: Frellonios, 459.
- [26] Cle'ment-Mullet JJ. 1866. *Le Livre de l'Agriculture d'Ibn-Al-Awam*. Paris: Franck, 205–226.
- [27] Collins BA, Al-Tai MH. 1994. *Al-Muqaddasi: The Best Divisions for Knowledge of the Regions, a Translation of Ahsan al-Taqasim fi Ma'rifat al-Aqalim*. Reading: Garnet Publishing, 390.
- [28] Collins M, Raphael S. 2004. *A Medieval Herbal: A Facsimile of British Library Egerton ms. 747*. London: British Library.
- [29] Collins M. 2000. *Medieval Herbals: The Illustrative Traditions*. London: British Library.
- [30] Condorelli S. 1978. *Gargilii Martialis Quae Exstant*, vol. 1. Rome: Bretschneider, 9–10.
- [31] Conrad LI, Neve M, Nutton V, Porter R, Wear A. 2003. *The Western Medical Tradition 800 BC to AD 1800*. Cambridge: Cambridge University Press, 230.
- [32] Cornarius J. 1542. *Aetii Medici Graeci*. Basel.
- [33] Cowan, M.M. Plant products as antimicrobial agents. *Clin. Microbiol. Rev.* 1999, 12, 564-582.
- [34] Crescenzi P. de'. 1495. *Opus Ruralium Commodorum*. Speyer: Drach, 79.
- [35] Crescenzi P. de'. 1504. *De Agricultura*, 2nd Italian edn, chapter 21. Venice.
- [36] Dalby A. 2003a. *Flavours of Byzantium*. Totnes: Prospect.
- [36] Dalby A. 2003b. *Food in the Ancient World from A to Z*. London: Routledge.
- [37] Daunay MC, Laterrot H, Janick J. 2008. Iconography and history of Solanaceae: antiquity to the XVIIth century. *Horticultural Reviews* 34: 1–111, 8 pl.
- [38] De Candolle A. 1886. *Origin of cultivated plants*. New York: Appleton, 264–266. De Capella M. 1523. *Liber Totius Medicinae Necessaria Continens*. Lyons: Jacobi Myt, 60.
- [39] De Goeje MJ. 1991. *Ahsan al-Taqasim fi Ma'rifat al-Aqalim, al-Muqaddasi*, 2nd edn. Cairo: Maktabat Madbuli, (Arabic), 443.
- [40] De Sacy S. 1810. *Relation de l'E'gypte par Abd-Allatif, Me'decin Arabe de Bagdad*. Paris: Imprimerie Impé'riale, 34.
- [41] Dietrich A. 1993. *Die Erga'nzung Ibn G'ulg'ul's zur Materia Medica des Dioskurides*. Go'ttingen: Vandenhoeck & Ruprecht, 57.
- [42] Drexel F. 1925. *Achmetis Oneirocriticon*. Leipzig: Teubner, 196–198.
- [43] Du Cange C du Fresne. 1688. *Glossarium ad Scriptores Mediae & Infimae Graecitatis*. Leiden: Anissonios, Poseul, & Rigaud, col. 9.
- [44] Editorial Commission of Institute of Botany, Chinese Academy of Sciences. *Flora Reipublicae Popularis Sinicae*; Science Press: Beijing, China, 1986.
- [45] Eisendrath ER. 1961. Portraits of plants. A limited study of the 'icones'. *Annals of the Missouri Botanical Garden* 48: 291–327.
- [46] Elisha, E.E., Twaij, H.A.A., Ali, N.M., Tarish, J.H., Al-Omari, M.M. and Karim, S. The anthelmintic activity of some Iraqi plants of the Cucurbitaceae. *Pharma. Biology*, 1987; 25: 153-157.
- [47] Elkhadem H. 1990. *Le Taqwim al Sihha (Tacuini Sanitatis) d'Ibn Butlan: Un Traite' Me'dical du XIe Sie'cle*. Louvain: Peeters, 83, 168–171.
- [48] Ermerins FZ. 1840. *Anecdota Medica Graeca e Codicibus*. Leiden: Luchtman, Leiden, 224–275.
- [49] Feliks J. 1967. *Kil'e Zera'im weHarkava [Seed Crossing and Grafting]*. Tel Aviv: Devir (Hebrew), 44–52.
- [50] Fleischmann W. 1919. *Capitulare de Villis vel Curtis Imperatorii Caroli Magni* [No locality or publisher], 60.
- [51] Flower B, Rosenbaum E. 1974. *The Roman Cookery Book, a Critical Translation of the Art of Cooking by Apicius*. London: Harrap, 9–22, 74–79.
- [52] Forbes D. 1857. *A Dictionary, Hindustani & English*, 2nd edn. London: W. H. Allen.
- [53] Forster ES, Heffner EH. 1955. *Lucius Junius Moderatus Columella: On Agriculture 10–12*. Cambridge, MA: Harvard University Press, 26–27, 40–43, 159–163.
- [54] Friedenwald H. 1944. Manuscript copies of the medical works of Isaac Israeli. *The Jews and Medicine, Essays*, vol. 1, 185–192, 2 pl.

- [55] Frye RN. 1972. Byzantine and Sasanian trade relations with northeastern Russia. *Dumbarton Oaks Papers* 26: 263–269.
- [56] Fuchs L. 1549. *De Historia Stirpium*. Leiden: B. Arnollet, 662.
- [57] Gaisford T, Bernhardt G. 1853. *Suidae Lexicon Graece et Latine*. Halis: Sumptibus Schwetschkiorum, 750.
- [58] Givens JA. 2006. Reading and writing the illustrated *Tractatus de Herbis*, 1280–1526. In: Givens JA, Reeds KM, Touwaide A. eds. *Visualizing medieval medicine and natural history, 1200–1550*. Aldershot, UK: Ashgate, 115–145.
- [59] Grant M. 1997. *Dieting for an Emperor: a translation of Books 1 and 4 of Oribasius' Medical Compilations*. Leiden: Brill. Grant M. 2000. *Galen on food and diet*. London: Routledge.
- [60] Grant M. 2007. *Anthimus: on the observance of foods*. Totnes: Prospect Books, 70–71.
- [61] Gyulai G, Humphreys M, Lagler R, et al. 2006. Seed remains of common millet from the 4th (Mongolia) and 15th (Hungary) centuries: AFLP, SSR and mtDNA sequence recoveries. *Seed Science Research* 16: 179–191.
- [62] Ha'meen-Anttila J. 2006. *The last pagans of Iraq, Ibn Wahshiyya and his Nabatean Agriculture*. Leiden: Brill, 233.
- [63] Hamidullah M. 1993. *The book of plants by Abu Hanifa al-Dinawari*. Karachi: Bait al-Hikmat, 528.
- [64] Haverman AM. 1970. *Mishna 'im Perush haRambam, Defus Rishon, Napoli 5202 [Mishna with Commentary of Maimonides, First Printing, Naples, Jewish Year 5202]*. Jerusalem: Sifriyyat Meqorot (Hebrew), *Kil'ayim* 1: 2.
- [65] Heidari H., Kamalinejad M., Eskandari M. Hepatoprotective activity of *Cucumis sativus* against cumene hydroperoxide induced-oxidative stress. *Research in Pharmaceutical Sciences*, 2012; 7(5): S936-S939.
- [66] Hesseling DC, Pernot H. 1910. *Poe'mes Prodromiques en Grec Vulgaire*. Amsterdam: Johannes Mu'ller, 44. *Hispani P. 1515. Omnia Opera Ysaac*. Lyons: Barthelemy Trot, 124.
- [67] Hisahiro Kai1, Masaki Baba1, Toru Okuyama Inhibitory Effect of *Cucumis sativus* on melanin production in melanoma B16 Cells by down regulation of tyrosinase expression; *Planta Med* 2008; 74(15): 1785-1788.
- [68] Hort A. 1976. *Theophrastus, enquiry into plants, vol. 1*. London: William Heinemann, 92–93.
- [69] Ideler JL. 1842. *De Alimentis, vol. 2*. In *Physici et Medici Graeci Minores*. Berlin: Reimer, 257–281.
- [70] Itoh, T.; Kikuchi, Y.; Shimizu, N.; Tamura, T.; Matsumoto, T. 24 $\beta$ -Ethyl-31-norlanosta-8,25(27)-dien-3 $\beta$ -ol and 24 $\beta$ -ethyl-25(27)-dehydrolophenol in seeds of three cucurbitaceae species. *Phytochemistry* **1981**, 20, 1929-1933.
- [71] Janick J, Paris HS, Parrish DC. 2007. The cucurbits of Mediterranean antiquity: identification of taxa from ancient images and descriptions. *Annals of Botany* 100: 1441–1457.
- [72] Janick J, Paris HS. 2006. The cucurbit images (1515–1518) of the Villa Farnesina, Rome. *Annals of Botany* 97: 165–176.
- [73] Jessen C. 1867. *Alberti Magni: De Vegetabilibus Libri vii, Historiae Naturalis pars xviii*. Berlin: Reimer, 500–502.
- [74] Jiangsu Institute of Botany. *Xinhua Compendium of Material Medica*; Shanghai Science &
- [75] Johann Wolfgang Goethe University, Frankfurt-am-Main. Millas Vallicrosa JM, Aziman M. 1955. *Ibn Bassal: Libro de Agricultura*. Tetuan: Instituto Muley el-Hasan, Arabic 127–139, Spanish 165–180.
- [76] Jones WHS. 1951. *Pliny Natural History, vol. VI*. Cambridge, MA: Harvard University Press, 4–11.
- [77] Jones WHS. 1967. *Hippocrates, vol. 4*. London: Heinemann.
- [78] Joshi SG. *Medicinal Plants*, Oxford and IBH Publishing Co. Pvt. Ltd; New Delhi, 2003,157–8.
- [79] Joysree D, Anusua C, Subrata KB, Utpal KK, Syeda RS, Sheikh ZR, Md AM, Cytotoxicity and Antifungal Activities of Ethanolic and Chloroform Extracts of *Cucumis sativus* Linn (Cucurbitaceae) Leaves and Stems. *Reserch Journal of Phytochemistry*, 6,2012,25-30.
- [80] Kahl O. 2003. *Sabur ibn Sahl: The small dispensatory*. Leiden: Brill.
- [81] Karthiyayini T, Rajesh K, Senthil KKK, Sahu RK, Roy A, Evaluation of antidiabetic and hypolipidemic effect of *Cucumis sativus* fruit in streptozotocin-induced-diabetic rats. *Biomedical & Pharmacology Journal*, 2, 2009, 351-355.
- [82] Keng H. 1974. *Economic plants of ancient north China as mentioned in Shih Ching (Book of Poetry)*. *Economic Botany* 28: 391–410.
- [83] Kirsten P. 1609. *Kitab al-Thani min Qanun al-Qanun al Ibn Sina. Liber Secundus de Canone Canonis a Filio Sina*. Wroclaw: Kirsten.
- [84] Kumar D, Kumar S, Singh J, Narender, Rashmi, Vashistha BD, Singh N, Free radical scavenging and analgesic activities of *Cucumis sativus* L. fruit extract. *Journal of Young Pharmacist*, 2, 2010, 365-368.
- [85] Kykkotis I. 1942. *English–Greek and Greek–English dictionary*. London: Lund Humphries.
- [86] Langkavel B. 1866. *Botanik der Spaeteren Griechen*. Verlag von F. Berggold, 25.
- [87] Langkavel B. 1868. *Simeonis Sethi: Syntagma de Alimentorum Facultatibus*. Leipzig: Teubner, 21–22, 108.
- [88] Leclerc L. 1883. *Traite´ des Simples par Ibn El-Beithar*. Paris: Imprimerie Nationale, vol. 1, 363; vol. 2, 63–64; vol. 3, 62.
- [89] Li H-L. 1969. *The vegetables of ancient China*. *Economic Botany* 23: 253–260.
- [90] Lindsay WM. 1966. *Isidori Hispalensis Episcopi Etymologiarum sive Originum, vol. 2*. Oxford: Oxford University Press [not paginated].
- [91] Maire B. 2007. *Se Soigner par les Plantes: Les 'Reme'des' de Gargile Martial*. Lausanne: E' ditions BHMS, 20.
- [92] Mallik J., Akhter R., *Phytochemical Screening and In-vitro Evaluation of Reducing Power, Cytotoxicity and Anti-Fungal Activities of Ethanol Extracts of Cucumis sativus*.

- International Journal of Pharmaceutical & Biological Archives 2012; 3(3): 555-560.
- [93] Manfredi H. 1500. Rhaza, et Varior Opera Medica. Venice: Johann Bentmol, 14.
- [94] Manniche L. 1989. An ancient Egyptian herbal. Austin: University of Texas Press, 95–96.
- [95] Martius J. 1568. Noni Medici Clarissimi: De Omnium Particularum Morborum Curatione. Strasbourg: Rihel.
- [96] Mazzini I. 1984. De Observantia Ciborum. Rome: Giorgio Bretschneider, 55.
- [97] McNally, D.J.; Labbe, C.; Quideau, S.; Belanger, R.R. Complex C-glycosyl flavonoid Phytoalexins from *Cucumis sativus*. *J. Nat. Prod.* **2003**, *66*, 1280-1283.
- [98] Meyerhof M. 1931. 'Ali at-Tabari's 'Paradise of Wisdom', one of the oldest Arabic compendiums of medicine. *Isis (Brugges)* *16*: 6–54.
- [99] Minaiyan, M., Zolfaghari, B. and Kamal, A. Effect of hydroalcoholic and buthanolic extract of *Cucumis sativus* seeds on blood glucose level of normal and streptozotocin-induced diabetic rats. *Iran Journal of Basic Medical Science*, 2011 ;*14*: 436-442.
- [100] Moravec J, Lebeda A, Kr̃istkova E. 2004. History of growing and breeding cucurbitaceous crops in Czech lands. In: Lebeda A, Paris HS. eds. Progress in cucurbit genetics and breeding research, Proceedings of Cucurbitaceae 2004, the 8th EUCARPIA Meeting on Cucurbit Genetics and Breeding. Olomouc: Palacky University, 21–38.
- [101] Nadkarni AK, Nadkarni KM, Indian Materia Medica, Popular Prakashan, Bombay, 2005, 403–04.
- [102] Nasrallah N. 2007. Annals of the Caliph's kitchens, Ibn Sayyar Al-Warraq's Tenth-century Baghdadi cookbook. Leiden: Brill, 168.
- [103] Nicolosi E, La Malfa S, El-Otmani M, Negbi M, Goldschmidt EE. 2005. The search for the authentic citron (*Citrus medica* L.): historic and genetic analysis. *HortScience* *40*: 1963–1968.
- [104] O'Leary D. 1964. How Greek science passed to the Arabs. London: Kegan Paul, 96–119.
- [105] Oberhelman SM. 1991. The Oneirocriticon of Achmet. Lubbock: Texas Tech University Press, 215–216.
- [106] Olson SD. 2006. The learned banqueters: Athenaeus. Cambridge, MA: Harvard University Press, 330–331.
- [107] Opravil E. 1979. Die Gurke in der Burgwallzeit. In: Rappports du 3e Congre's International d'Arche'ologie Slave, Tome 1. Bratislava: Veda, 597–598.
- [108] Osbaldeston TA, Wood RPA. 2000. Dioscorides: De Materia Mediapprox. Johannesburg: Ibidis Press. Owen T. 1806. Geoponica, vol. 2. London: Young, 113–116.
- [109] Pa'cht O. 1950. Early Italian nature studies and the early calendar landscape. *Journal of the Warburg and Courtauld Institute* *13*: 13–47. Republished, 1965, Vaduz (Liechtenstein): Kraus Reprint.
- [110] Pandey S, Dhillon NPS, Sureja AK, Singh D, Malik AA. 2010. Hybridization for increased yield and nutritional content of snake melon (*Cucumis melo* L. var. *flexuosus*). *Plant Genetic Resources* *8*: 127–131.
- [111] Paper HH. 1972. HaTora beFarsit-Yehudit: Tirgum haTora He'atiq Beyoter leFarsit-Yehudit [A Judeo-Persian Pentateuch]. Jerusalem: Ben-Zvi Institute (Hebrew), 91.
- [112] Paris HS, Daunay MC, Janick J. 2009. The Cucurbitaceae and Solanaceae illustrated in medieval manuscripts known as the Tacuinum Sanitatis. *Annals of Botany* *103*: 1187–1205.
- [113] Paris HS, Daunay MC, Pitrat M, Janick J. 2006. First known image of *Cucurbita* in Europe, 1503–1508. *Annals of Botany* *98*: 41–47.
- [114] Paris HS, Janick J, Daunay MC. 2011. Medieval herbal iconography and lexicography of *Cucumis* (cucumber and melon, Cucurbitaceae) in the Occident, 1300–1458. *Annals of Botany* *108*: 471–484.
- [115] Paris HS, Janick J. 2008. Reflections on linguistics as an aid to taxonomical identification of ancient Mediterranean cucurbits: The piqqus of the faqqous. In Pitrat M. ed. *Cucurbitaceae 2008*. Avignon: INRA, 43–51.
- [116] Paris HS. 2000. Paintings (1769–1774) by A. N. Duchesne and the history of *Cucurbita pepo*. *Annals of Botany* *85*: 815–830.