

Practices Integratives at Health: Auriculotherapy

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Abstract— *integrative health brings together conventional and complementary approaches in The coordinated manner. Integrative health also emphasizes multimodal interventions, which are two or more interventions such as conventional health approaches (such as medication, physical rehabilitation, psychotherapy), and complementary health approaches (such at acupuncture, yoga, and probiotics) in various combinations, with an emphasis on treating the whole person rather than, for example, an organ system. Integrative health aims for well- coordinated care among different providers and institutions, bringing together conventional and complementary approaches I'm the care of the whole person. The objective of this paperis to research and reflect upon such practices, with emphasis on Auriculotherapy, which will be reflected upon and discussed during the bibliographic research.*

I. INTRODUCTION

1.1. Definition of Auriculotherapy

The auricular pavilion is a microsystem where the human body is projected. IT IS a receiver in signals specifics from the body. Auriculotherapy It is one millennial therapy and an art of balancing the organism through the auricle. IT IS one therapy, why there is all one instrumentation theoretical and technique what it is underlying this therapeutic practice. It is an art, where philosophy and therapy come together: practice that questions history and theory that questions practice. art is in absorb and really see the human being that is in front of us represented in the painting. As the poet used to say: "beauty is in the eye of the beholder", Auriculotherapy It is one reflexology. O body human and all you their organs and members are projected over the ear. Each region corresponds to a specific point. When a organ or member it is unbalanced, The region corresponding at the ear shows that O organ need in caution and Warning.

1.2. Practices integrative and Complementary

Integrative and Complementary practices (PIC's) focus on the person whole with the aim of improve health — body, mind and spirit. The use patient of integrative health practices and products is increasing; therefore, the providers must understand these practices and products and to be capable in recommend or advise for or against their use based on research and guidelines.

O model biomedic hegemonic current see O body human as one complex machine composed of different and detailed parts that relate to each other some with at others obeying only The Principles natural. practices integrativeand Complementary Services (PICs) are opposed to this conventional model, focusing on at vision holistic of to be human, considering it as one unity in mind/body/spirit and no only as a sum in parts isolated.

PICs are a group of therapies and products that are not part of the treatments doctors traditional. They are called complementary When used alongside conventional medicine, alternative when used in place of practice biomedical or When replace one technique

particular at the field gives conventional medicine, and integrative when based on scientific evaluations of effectiveness and safety.

These practices seek to stimulate the natural mechanisms of prevention of disease and health promotion through effective and safe technologies based on in welcoming listening, development of the therapeutic bond and integration of the being human with O quite environment and The society.

In 2006, the Ministry of Health implemented the National Policy on Practices integrative and Complementary (PNPIC) at the System Single in Health (SUS), consolidated by Ordinances n. 971 in 3 in May in 2006, and n. 1600 in 17 in July 2006, which seeks to incorporate these practices into Primary Health Care. Your guidelines if concentrate mainly in to guarantee The prevention, promotion and recovery of individual health through humanized and comprehensive care. In addition from that, The adoption of PNPIC propose O fortification gives participation popular at implementation of the PIC, as it is through this participation that new ideas will be disseminated.

Auriculotherapy is a branch or technique that comes from acupuncture (which is why what at times It is also call in auriculopuncture). As The acupuncture or reflexology, this technique consists of letting flow of energy points that may be blocked, in this case stimulating at areas at part external gives ear what reflect many different parts of body.

It is known that Acupuncture is a technique based on the theory of the existence of energy channels. Six of them are Yang energy meridians (positive energy) and six meridians of Yin energy (negative energy). Traditional Chinese medicine uses these energy meridians to treat different illnesses, looking for balance the energies. Auriculotherapy is also based on this positive energy and negative that runs through our body. But it is based on the theory that the ear is a representation of all parts of our body. Therefore, any pathology or disease can be treated by ear, stimulating specific points on the pavilion auditory external.

After the founding of the new China, the Chinese health system has developed fast and extensively, O what served in base for O establishment gives Auriculotherapy as one specialty inside of study gives acupuncture at the Final 80's and early 90's. The current development of Auriculotherapy can to be Divided in phases: From years old 50 The 60, From years old 60 The 80 and From years old 80 up until you days in today. (GROSSELLI, 2017)

The study of the ear appears in the oldest

Chinese medical text, the Huang Di Nei Jing (Yellow Emperor's Book of Medicine), dating back over two thousand years years old. The first mention of a somatotopia (body schema projection) of the ear It is found at the language Shu (a text classic what also treat gives acupuncture), written between approximately 475 and 221 BC. the first doctor Chinese expert in the study of auriculotherapy was Bian Que (400-310 BC), who he was also the father of the study of pulse diagnosis. Later under the Tang Dynasty (618-907 A.D), The stimulation headset, used for influence The evolution of illnesses internal, became very widespread. (NEVES, 2021)

1.3. Difference In between THE Auriculotherapy AND THE Acupuncture

THE difference It is simple: Acupuncture It is The insertion in needles us spots in localized acupuncture us meridians what cross O body (needles on body).

THE Auriculotherapy, per other side, It is one technique therapy what involves needle (or massage) the points of ear for O treatment.

Under The skin, there is abundant distribution:

- Nerves: We can highlight the trigeminal (innervates the antiphysis, innervates the superior part of the helix), facial, glossopharyngeal, vaginal (innervated by the two shells, which in turn innervate the viscera), greater auricularis and smaller occipital.
- Blood vessels: mainly part of the superficial temporal artery, The artery carotid external and The artery headset later.

1.3.1. Lymphatic vessels: which are relatively abundant and drain into the ganglion pre-auricular, ganglion mastoid and ganglion paratoid. About three bedrooms gives base higher gives ear are cartilages elastic. THE part bottom (O lobe gives ear) contains some fat and tissue connective.

1.3.2. Decade of years 50 to 60

The representation in the ear of a fetus in prenatal position was given by the French physician P. Nogier, who also in 1958 carried out a study on the relationship in right areas gives auricle with you organs internal, and in 1960 O doctor Xu Zu language

demonstrated The applicability clinic in 15 spots about The auricle with formidable results.

1.3.3. At decades in 1960 and 1970

In 1972, the Jiang Pan Xin Medical Institute published an unfinished work by 65 parts on the Origin and Development of the Auricular Points, their application clinic and occupation physiological, describing 284 spots. THE application in spots earphones in anesthesia, the influence of points on physiology, among others, has been object in search in many different institutions scientific at China, as O Institute in Physiology in Shanghai.

1.3.4. Since the years old 80 up until the days of today

In 1989, The Auriculotherapy has became one specialty university. O study of the physiological mechanisms by which Auriculotherapy acts was not only incorporated at units in attendance dedicated The medicine traditional, but has also been the subject of study in western medical hospitals, working in themes as anatomy, physiology, channels and collateral, system nervous, fluids bodily for many different professionals in health. THE The end in to maintain O balance in between the Yang and Yin channels, the system of channels and collaterals connects every tissue, organ and hole of the body human, giving O character in a system. (SNOW, 2021).

1.4. Goals

This work aimed to present a literature review on aspects of etiology, in the form of research and reflection about such Practices integrative and giving emphasis on Auriculotherapy,

The methodology used for this study was a literature review under the thematic referent. For this, scientific articles were searched in the databases of Dice and references gives area.

1.5. Goals specific

O objective of this job It is to give visibility at perceptions From users about The practice gives Auriculotherapy before and later of treatment and, so, to give visibility The practice at the SUS.

II. REVISION OF LITERATURE

2.1 Contextualization

According to the Ministry of Health (MH) (BRASIL, 2009), aspects economical, social, cultural, politicians and environmental play a paper decisive at health and influence directly The quality in life in several

segments of the population, especially those who make up communities traditional. Rückert, Cunha and Modena (2018) mention that the literature analysis on the knowledge and health practices of the rural population showed the diversity in practices in caution, involving plants medicinal, beliefs and religiosity, food healthy and support Social, between others.

They also highlight The need in larger appreciation of this knowledge, as well as its integration with the conventional health system. So, drive researches in health integrator, considering you contexts and singularities of populations traditional, means ramp up dialogs in collaboration, cooperation, opening and recognition of knowledge in between researchers and communities, The end of advance at conception in several studies.

The use of nature for therapeutic purposes is as old as civilization human and, during much time, he was fundamental for The health From peoples. At story of Brazil, you first doctors Portuguese what They arrived to country realized very early on the importance of herbal remedies used by peoples indigenous (RODRIGUES; AMARAL, 2012). THE leave From years old 70, at international organizations began to take an interest in medicinal practices then sorted as traditional, what, disseminated for the globalization, if became popular in the care and attention to human health. The global interest in knowledge and practices traditional in the latest decades has been part in several public debates, many of which materialized in public policies, which constitute an institutionalization of popular and traditional knowledge in dissemination of knowledge gives biodiversity in one nation (CASTRO; FIGUFLIRFIDO, 2019).

In this context, Saad and lime (2010, P. 210) cite that:

At the Final From years old 70, The Organization world gives Health (WHO) created the Traditional Medicine Program, with the aim of formulate policies in this area. Since then, WHO, through various communications and resolutions, has expressed its commitment to encourage member states to formulate and implement policies for the rational and integrated use of traditional medicine and complementary therapies in national basic health systems, well as for O development in studies scientific for best understand your safety, efficiency and quality.

The World Health Organization (WHO)

recently designated "Medicine Traditional and Additional" as synonym in Medicine Alternative and Additional (CAM), a set heterogeneous in practices, products and knowledge, grouped for the feature common in no belong to scope of theories and practices enshrined in conventional medicine. In Brazil, the Name given away fur Ministry gives Health (MS) It is "Practices Integrated and Complementary" (PIC), what currently includes 29 procedures, including: Medicine Traditional chinese BR Acupuncture/Auriculotherapy; Homeopathy; Plants Medicinal and Phytotherapy.

Auriculotherapy It is a CIP gift at the PNPIC since O your start. In this specialty, the different auricular points can be stimulated by needles per fence in 20 minutes or per about 7 days with seeds for massage the points, with mustard seed being the most used. the seed of most commonly used mustard is mustard seed. Below is an ear map showing The localization of the areas reexamined of body.

BR In between at many conditions in health what has been object in search about The efficiency gives suppression they are at pains lumbar casualties and pains in head. Also It is widely used at the treatment in illnesses related The components affective and behavioral as stress, insomnia, anxiety and humor depressive.

This type of therapy has its origins in traditional Chinese and French medicine, and is based on the idea that the human body can be represented in the ear, in the shape of a fetus, and therefore each point refers to a specific organ. So, when this point is stimulated, it is possible to treat problems or relieve symptoms in that same organ.

Auriculotherapy is offered by SUS as part of the National Integrative and Complementary Practices (PNPIC), and must always be done by a acupuncturist, who is the professional most capable of adapting treatment to physical and emotional conditions individually. However, it is important emphasize that Auriculotherapy does not promote healing and does not replace treatment doctor conventional with medicines.

French and Chinese Auriculotherapy, although consisting of the same technique, are very different, as each country has developed a different map of the ear with spots specific to be stimulated. You spots in ear refer to to one organ specific of body, therefore The Auriculotherapy he can help The deal with one variety of health problems, and should always be performed by a physician or another practitioner after acupuncture to analyze you symptoms and to define what kind of material he can to be used for stimulate the Score specific.

2.2 As Is made auriculotherapy

Before starting treatment with Auriculotherapy, it is very important to have one Query with a doctor or therapist in acupuncture for identify you main symptoms and which organs can be affected. The doctor or therapist will select then you spots most suitable and apply to pressure about they. THE pressure can to be applied using

- needles filiform: applied at the points per 10 The 30 minutes;
- Intradermal Needles: placed under The skin for about 7 days;
- Bills magnetic: stick on at skin by about 5 days;
- seeds in mustard: they can to be heated or no, and if glue Theskin by 5 days.

Stimulation of specific points in the ear to relieve pain or treat several problems physicists or psychological, such as anxiety, migraines, obesity or contractures, per example.

2.3 List of Ear with you Kidneys

The ear has a direct relationship with the kidneys in both the Eastern and the Western views. western. from the point from an eastern point of view relationship has thousands of years and from the point in View western Is it over there It is much recent. At the however, It is one vision scientific what confirms what has been observed in the past. Let's look at the ancient oriental texts: "the ear It is The opening main of kidney and per your turn The opening secondary of heart...the ear is related to the shao yin channel of the foot (kidney meridian), therefore It is The opening of kidney; The ear It is formed with The essence of the kidney".

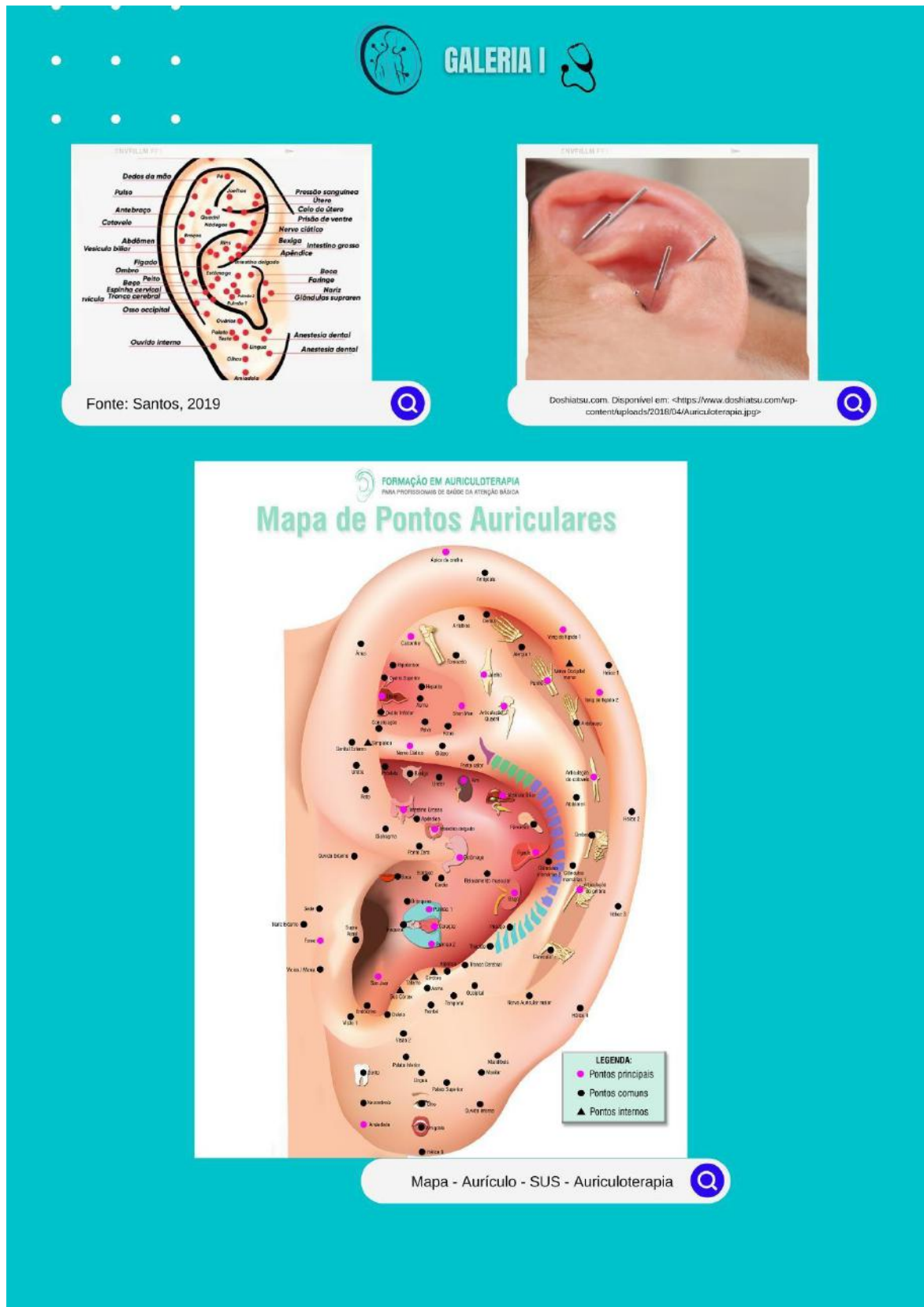
We see that in Traditional Chinese Medicine (TCM) there is a direct relationship From kidneys with O ear. In addition from that, to see The declaration in Ernesto Garcia, "Pathologists and pediatricians have found a close relationship between the development of kidney of child and The form gives cartilage headset". (BRITO, 2017)

In Auriculotherapy, for substantiate The practice, one can leave in texts old and search The proof and confirmation gives science. There is one application gives MTC through From times what confirm and grounds it is therapy, due to the results effective at practice. Nonetheless, our minds reviews question and seek theoretical and scientific confirmation. Little is

known scientifically (LEMOS, 2019).

You eastern, with your medicine based at the empiricism, or be, at Note practice, related at parts of body to all, they saw at manifestations external as signals

of interior of body, in their organs and structures. Look the old one expression: "O inside is reflected through form outside".



Aspects of the auricle are manifestations of the kidneys, a claim based on in ancient oriental texts: "When the ear is dark and small in size, it shows that you have a small kidney; if the ear is thick, then the kidney is large; if the ear has a large posterior depression, so the kidney is low; if the ear is strong, O kidney also; if The ear It's thin and weak, then O kidney It is weak".

You orientals established one relationship in between The structure headset and you kidneys. The ear served as the basis for the observation of the kidneys. It is an external sign that speaks of the internal. "THE ear It is O palace of kidney", they said they.

In the ear is not only the projection of the kidneys, but the whole body. "In southerly direction (remember that the southerly direction referred to here is China in the hemisphere north, When we talk of Brazil The direction what it presents heat and The color red and which is associated with the heart is the north), is the red color that penetrates the heart, the heart finds its opening in the ear and stores its essence there If the liver is sick and there is emptiness, then the ear loses sensitivity, if the Qi is inverted, the head It hurts and there is deafness if O spleen It is deficient, then you nine holes of men do not communicate.... the lungs emit the voice and the ear receives the voice".⁵ Not only the organs and meridians are related to the ear, but also the senses. THE ear It is O mirror of body physicist and energetic of men.

THE Auriculotherapy has one action much most wide what The acupuncture system and becomes part of reflexology, whose principles are used to achieve the objectives of prevention and maintenance of the quality of life and to help to take care of the sick body. As a reflective technique, can be associated with all others branches of therapy, whether chemical or energetic. Auriculotherapy can be a therapy combined with other forms of therapy or treatment. However, your field in action no if limits The this.

This technique can be used as a preventive therapy. the stimulation of the auricular points produces therapeutic reflexes in the energetic activities of the organs internal and others structures. Per example: O world modern if see confronted with a phenomenon called stress. All you days if realize how many problems and losses her cause, so much The level body as energy. Auriculo is an effective way to balance stress levels in the body so that they no be harmful.

By preventive therapy I mean which is an energetic action and not a purely physical action. Energy precedes the physical body. In fact, the formation of

energetic body precedes the formation of the dense physical body. For therapies based in this assumption, O imbalance energetic he can to affect O body physicist and your internal structures and functioning. This imbalance can manifest itself in all you types of signals and symptoms body. (SAINTS, 2015)

1.6. Theory From 5 Movements

The Theory of the Five Movements, or the Five Phases, integrates the foundations of Chinese Medicine theory, and considers that the Universe is formed by movement and transformation of five basic principles of nature: Wood, Fire, Earth, Metal and water (AUTEROCHÉ and NAVAILH, 1992, p.23).

You Five Movements (wu Xing) has your conception based at evolution of natural phenomena, in the way the aspects that compose The nature generate and dominate some to the others (YAMAMURA, 2001).

- WOOD: Its characteristics are growth, development and expansion.
- FIRE: It means heat, "flowing for up".
- EARTH: Per analogy, means to produce, to transform.
- METAL: To purify, be solid and strong.
- WATER: cold, wet, "flowing down".

THE theory From Five Movements explain what for what none From Movements if become excessive, It is required control, what It is compound into two cycles: the cycle of generation, the cycle of domination (CHONG HUO, 1993, p.8).

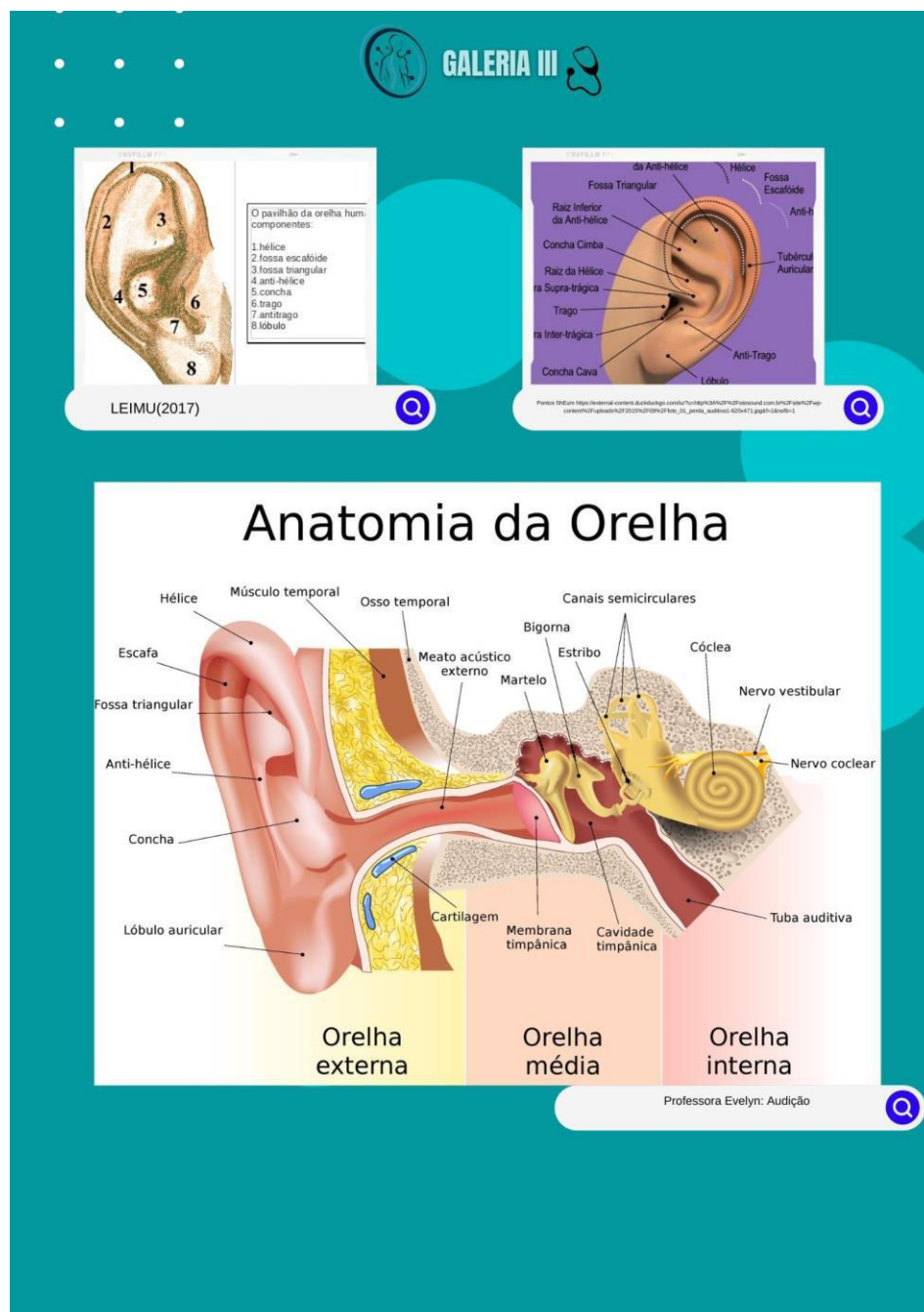
The Generation Cycle forms a sequence in which each movement gives origin or generates the next one, in addition to being generated in the same way. This kind of relationship, at the which each movement generated from the existence The other movement, the Chinese called it the mother-child relationship, where the mother is the movement that generates the child is the generated movement. For example, water is the mother of wood, and The wood and daughter gives Water (WEN, 2017)



glands are more abundant near the auditory canal (González, García, Ernesto, 1999, p.47).

The surface of the piná is divided into several areas according to its anatomy and relief. The main areas of therapeutic action of Auricular Acupuncture are the of the Scalp, where the upper limbs are located, the Upper Cross region, where the points of correspondence with the lower limbs are located, the spine in the region. The Nervous System represented in the Helix, the head in the Lobule region, the thoracic cavity in the Concha Cava region and the abdomen in the Concha Cimba region, with its organs and viscera (Enomoto, Joji, 2015 P. 37).

In the Huang Ti Nei Jing, mention was made of the use of the ear as a diagnostic method. The doctors of antiquity, through the observation of the pavilion auricular, its size, texture, color and shape, determined the state of the zang Fu. At the language Shu, at the your chapter Fundamentals From organs, if sketch "When the ear has a blackish color and is small in size, it manifests that if you have a small kidney, if the ear is thick, then the kidney is big; if the ear It is high O kidney it is high; if The ear has one great depression posterior, then O kidneyif find low; if The ear It is strong, O kidney also O it will be; if The ear It is slim andweak, then kidney is weak". (Gonzalez, Garcia, Ernesto, 1999, P. 5).



3.2 Diagnosis

Diagnosis in Auriculotherapy consists of identifying and locating points or altered regions in the pinna. These changes are called points or reactive areas and are located by inspection, palpation, and electrodiagnosis. The fact of some areas or points being reactive in pinna does not exactly indicate a pathology specific, but yea one disorder gives region represented (snow, Frames Lisbon, 2009 p.21).

One inspection thorough in all at parts of ear he can Show The presence in stains, encrustations, increase gives vascularization and formation in nodules, which indicate the location and stage of the dysfunction. It's important to remember that at this stage of the evaluation the pinna has not yet been played, so it has not yet been clean, avoiding any change in your surface what be likely to mask or to produce any change what be likely to harm This one exam. (snow, Frames Lisbon, 2009, P. 22).

González, García, Ernesto it says what you spots earphones are areas specific areas distributed on the ear surface, which faithfully reflect the activity functional in all O our body.

3.3 Relativity and increment inside of System in Health

THE localization and The nomenclature From spots were introduced gradually, As studies and observations of the auricular-organic relationship, functions ear-organic and positions auricular-anatomical of body were if intensifying. These studies encompassed a period in 2,900 years old, in 1,200 B.C The 1,700 A.D (Souza, P. 28).

In more recent times, around 1950, the French physician Paul Nogier made an important contribution to the therapeutic use of pinna. through studies that started with Chinese auricular points and the creation of new methods of mapping and stimulating the points, Nogier established the relationship between the auricle and the figure of an inverted fetus, naming his discovery Auriculotherapy. You studies in Nogier also served as base for O development gives Auriculotherapy at China. In one culture what It is O cradle gives acupuncture, The discovery of Auriculotherapy stimulated a large number of studies in several universities and hospitals at China (snow, 2009, p. 6 and 7).

In 1999 Huang Li Chun published, at the World Auriculotherapy Conference, a later new map of the auricular points, in his thirty years of research, got prove The efficiency at stimulation From spots through of use in seeds and the importance of posterior points in the

treatment of dysfunctions musculoskeletal how much of use From spots in area correspondents for analgesia, in addition to have created The technique gives pair seed (snow, 2009, p.8).

The research and commitment of these professionals and many others who contributed to the development of auriculotherapy, demonstrate the effectiveness of that for thousands of years many peoples like the Chinese, Egyptians, Turks and even same hippocrates already used as form in promote The health, although O do it in a very simplified way (Neves, Marcos Lisboa, 2009, p.8 and 11). Community health practices, as recommended by WHO, are directly related to understanding in what O knowledge From peoples traditional, together with The practice gives medicine traditional, if refers to knowledge produced from health practices, approaches, knowledge and beliefs that incorporate mineral, animal and vegetable medicines, spiritual therapies, techniques manuals and exercises used in health promotion, as well as in diagnosis and cure (SOUSA; ANDRADFI, 2015; MfIDFIROS; MfILLO, 2015). saints (2010) argue what The plurality of knowledge existing It is infinite and unattainable, so that each individual can only partially account, from from your own perspective. Thus, the idea of the ecology of knowledge is resumed to recognize the diversity and intertextuality existing on the planet, as this knowledge intersects and manifests itself, sometimes in different ways, sometimes times in similar ways in different places and societies, depending on of the peoples who inhabit them and their specific cultural identities. Does not exist one perspective only able in capture all The plurality in knowledge possible gifts in world, because they depend on their contexts socio-historical in production. Which are at shapes peculiar in ramp up meaning and knowledge what vary in one culture for other, manifesting multiple prospects (BROWN, 2015).

Thus, following WHO guidelines - for the recognition of different practices cultural in relationship The health and your incorporation The medicine Modern as relevant strategy in Brazil -, in 2006 this knowledge was institutionalized through the National Policy of Integrative and Complementary Practices in the SUS of MS (BRASIL, 2006) and the National Policy for the Sustainable Development of Traditional Peoples and Communities (BRASIL, 2007) was created with several objectives and, in between they, O in to guarantee to the TCPs O access to the resources natural what traditionally use for their physical, cultural and economic reproduction; create and implement a public health policy aimed at peoples and communities traditional.

Enomoto Joji (2015), says that the practice of

auriculotherapy adds many advantages due to the following factors: it can be administered with and without needles, easy administration (can be applied to the client sitting or lying down); practicality (the client does not need to undress for the treatment); quick results (as long as the point of application and energy assessment are located correctly); in case of emergency the treatment can be easily improvised; very technical safe for application in children and seniors; great variety in resources in stimulation therapy (needles, microspheres, magnet headset, mocha headset, electrostimulation, laser headset, etc.

According to Souza, Marcelo Pereira de, (2007) as Auriculotherapy has a direct reflex action on the brain, its use must be carefully exercised by the acupuncturist, then any bad interpretation of diagnosis he can take The a scheme wrong in therapy. You effects From mistakes at Acupuncture or Auriculotherapy manifest themselves in long term. The patient may have a picture of well- be immediate, but the phenomenon is apparent and short-lived, giving rise to more afternoon The manifestations pathological most serious.

IV. CONCLUSION

Based on the execution of this work, the importance of knowledge and practices integrative and The Auriculotherapy were identified as elements essential for the establishment of integrative health practices, especially at the SUS, already what your importance It is defended for to guarantee O right in access The health and treatment and healing processes for the most diverse existing populations in a country in dimensions continental and with so many inequalities socioeconomic how much O Brazil.

You results of mapping From understandings, objects empirical and practices described and analyzed in the 13 texts, including articles, books and documents that make up the theoretical structure, were considered relevant, as they allowed identify and understand the particularities and diversities observed in the universe of traditional communities located in the territory Brazilian.

THE Auriculotherapy It is indicated for O treatment in illnesses painful, inflammatory, endocrinometabolic, genitourinary and chronic. In addition, studies show that Auriculotherapy has also proven to be effective in improving several conditions psychoemotional. You benefits include

- Reduction of stress;
- Improvement From riots in anxiety generalized;

- Treatment in migraines;
- improvement of States depressants;
- Reduction gives pain in cases in fibromyalgia; Reduction gives pain in cases of fibromyalgia.
- Reduction of pains in the back (pain at region low back); Treatment gives obesity; Treatment gives obesity
- Treatment of obesity;
- Treatment of muscle contractures.

It is not known exactly what is the origin of auriculotherapy, or even of where your first records come from. However, it is known to be a technique very ancient, as the Egyptians used to relieve some pain by stimulating points in the ear auricle. The oldest known document on the subject is the book Generation in Hippocrates (century IV B.C), considered O dad gives medicine. O material indicated that small cauterizations behind the ear were useful in the treatment of sterility cases. The Chinese also used the technique in medicine. Traditional Chinese (TCM) and its points gave rise to the mappings that are well acquaintances today in day. In wake up with The theory chinese, exist about 200 spots in ear treatment.

Nonetheless, must be notice what It is important Consult first a doctor specialized in the problem of Auriculotherapy, because only he can diagnose and to prescribe O treatment adequate. THE Auriculotherapy, as others shapes in alternative and natural medicine, can indeed help in the treatment, but only when performed simultaneously with the correct treatment. the same can be suitable for hundreds of problems as it covers virtually all organs of body human. Is it over there he can help at the treatment in problems psychological and psychotic, as depression and anxiety, problems cardiovascular, as hypertension and arrhythmia cardiac, problems kidneys, as insufficiency renal and calculations kidneys, bone problems, allergies and so per against.

In addition, some professionals even claim that auriculotherapy can help in the fight against chemical dependency, although there is little evidence that Is it over there you have really a It is made in these cases. Nonetheless, must be observe what although the practice can help in the treatment of some problems, it should not be The first or only form in treatment. Regardless gives gravity of problem in question, The best solution It is ever search help doctor specialized, making The Auriculotherapy and others medicines alternatives complementary to treatment main, and ever consulting O

doctor about possible contraindications.

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